



Acquired Brain Injury Partnership Project Education and Prevention

RESOURCE LIST

South Saskatchewan Education & Prevention Coordinator:

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Acquired Brain Injury Partnership Program Website:


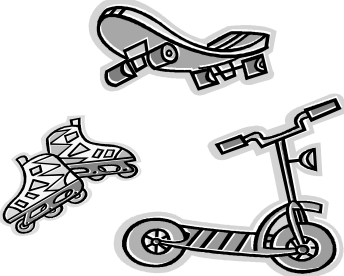
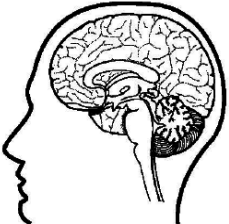



www.health.gov.sk.ca/ps_acquired_brain_injury.html

Safety Resource Kits


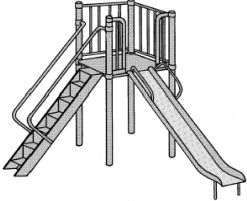

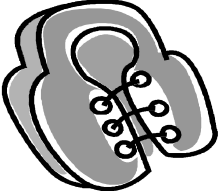





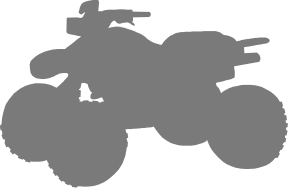


Resources are available FOR LOAN, FREE OF CHARGE on a first come, first served basis to schools, health professionals, police & ambulance services, community groups and interested individuals. Most kits are housed in 53L or 68L durable containers.

Transport is the responsibility of the borrower.

The resource kits provide educators with demonstration equipment and interactive activities appropriate for use in safety and injury prevention education or displays. Most of the kits are designed for the elementary school audience but can be tailored to suit many other audiences. Kit contents vary slightly according to topic area. Kits include safety equipment, props and toys (for use in demonstrating appropriate safety behavior and attire), posters and instructional/story books. Videos and CD-ROM's may be included where available or cost-effective. A resource manual with activities, fact sheets, articles and community resources accompanies each kit. All items are provided to assist the user in providing practical and theoretical knowledge on the topic area.

Safety Resource Kits...		
		
Bicycle Safety	Blade, Board, & Scooter	The Brain
		
Farm Safety	Helmet Usage	Home Safety For Children

More Resource Kits...

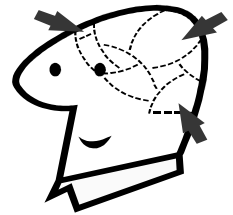
 <p>Injury Prevention</p>	 <p>Playground Safety</p>	 <p>School Bus & Pedestrian Safety</p>
 <p>Water and Boating Safety</p>	 <p>Winter Sports Safety</p>	 <ul style="list-style-type: none"> - Presentation Props - 'Injury Lunch' Props
 <p>Child Passenger Restraint Training Props</p>	 <p>Falls Prevention for Older Adults (under construction)</p>	 <p>Impaired Driving (under construction)</p>
 <p>ATV Safety (under construction)</p>	 <p>Snowmobile Safety (under construction)</p>	 <p>Shaken Baby Syndrome</p>

Education



Brain Walk - An interactive *walk* through the brain. Provides K-6 students with an opportunity to learn the different functions of the brain, and how to keep their brains safe & healthy. Students rotate through 10 interactive parent/volunteer run stations. Each station filled with displays, demonstrations, and activities.

Mild Brain Injury - Information and/or presentation not only for those who have sustained a mild brain injury/concussion, but also for the family/caregivers. The information identifies common symptoms of mild brain injury, discusses the effects of the injury on the client and their family, and provides tips for healing.



The Impact of Injuries in Your Community -Saskatchewan is suffering from an *injury epidemic*. A silent epidemic, since many people are not aware of every day risks. This community presentation will outline why injuries are a concern, provide local and provincial injury data, the cost of injuries, and discuss how to prevent injuries. We can assist both in identifying community needs, and developing initiatives to address needs.

Funding Opportunities

SGI/ABI Community Grant Program

The Community Grant program provides grants for traffic safety and other injury prevention programs. The goal is to enable community groups to establish, enhance, and deliver programs that address safety issues in their communities. SGI and ABI will provide support and guidance in identifying priorities and in the development and implementation of any of these initiatives. Preference will be given to projects that have a demonstrated need, a strong community involvement or to projects that are funded on a shared basis. These grants are offered twice per year. Application deadlines: **February 28th** and **October 31st**.

For assistance or information, contact the ABI Education & Prevention Coordinator in your area or look under Road Safety at www.sgi.sk.ca

Ask Us About Our Involvement In...



Prevent Alcohol and Risk-Related Trauma in Youth (P.A.R.T.Y.) Program

A reality education/ injury prevention program for teenagers. Students follow the journey of a trauma patient from pre-hospital care through to rehabilitation. The event may include presentations by EMS, RCMP or Police, Emergency Room Nurse, Therapies, Addictions, a Funeral Home and an Injury Survivor. The P.A.R.T.Y. Program is designed to expose teenagers to the sometimes-tragic consequences of risk-taking behaviors like drinking & driving, riding without a seatbelt, or not wearing a helmet.

**The ABI Education & Prevention Coordinators hold regional licenses and will provide guidance and resources to communities wishing to establish a local PARTY event.*

To partner, under the ABI license *contact:*

Lorie Herchuk Norris, Sth SK ABI Education & Prevention

Phone: 766-5760 E-mail: lorie.herchuknorris@rqhealth.ca

www.partyprogram.com



Child Passenger Safety Training

A joint initiative through the Saskatchewan Safety Council, St. John's Ambulance, and the Saskatchewan Prevention Institute. Two levels of National Child Passenger Safety Training are offered, free of charge, in Saskatchewan. *Technician* certification prepares a person to check & install car seats, and provide education to parents. *Instructor* certification further prepares the Technician to supervise car seat clinics and provide child passenger technician training.

**The South SK. Education & Prevention Coordinator is trained to the instructor level and able to assist with your training and education needs.*

Contact: Pella LeDrew, Childhood Injury Prevention Program Coordinator

Phone: (306) 655-2518 E-mail: pledrew@preventioninstitute.sk.ca

www.preventioninstitute.sk.ca





Car Seat Safety Clinics

Is your car seat safe? Learn how to properly use and secure the child restraint in your vehicle. There are many trained Child Passenger Safety Technicians in a variety of communities across Saskatchewan. Some offer monthly clinics, while other communities offer seat checks by appointment. Visit the SGI website www.sgi.sk.ca for a list of clinics and technicians in your area.

For car seat questions or to organize a clinic *contact:*
Shauntel Lemon, Community Traffic Safety Administrator
Phone: 757-3197 E-mail: communitytraffic@sasksafety.org

www.sasksafety.org



Falls Prevention

In Saskatchewan, across almost every age group, falls is identified as the number one cause of injury-related hospitalizations.

**Education & Prevention Coordinators are involved in local and provincial Seniors' Falls Prevention committees and initiatives. To become involved, please contact us.*

** Education & Prevention Coordinators have recently completed the Canadian Falls Prevention Curriculum Facilitator training and are now able to provide the basic-level curriculum training to health care professionals, community support providers and policy & program personnel in Saskatchewan*

To inquire about the curriculum or request a training workshop in your area contact:
Kelly Froehlich, CFPC Provincial Lead
Phone: 787-0802 E-mail: kfroehli@health.gov.sk.ca



Saskatchewan Coalition on Bicycle Safety

A provincial coalition composed of government, non-profit and community agencies, all working together to encourage safe cycling and prevent bicycle-related injuries in Saskatchewan.

**Education & Prevention Coordinators are active members of the Coalition, and support and participate in bicycle safety initiatives throughout the province.*

- SK Bicycle Safety Week – May 11th - 17th , 2009

Contact: Saskatchewan Coalition in Bicycle Safety c/o Saskatchewan Prevention Institute
Phone: (306) 655-2518

www.preventioninstitute.sk.ca



Safe Saskatchewan

A private and public sector coalition, whose main objective is to achieve a continuous reduction in the number of unintentional injuries occurring in Saskatchewan. The goals are to increase public awareness, facilitate the creation of a provincial seniors' falls injury prevention strategy and support the development of a provincial farm injury prevention strategy.

**The Ministry of Health is a founding member of Safe SK and member of the Safe SK steering committee. ABI Education & Prevention Coordinators participate in and support the initiatives and vision of an injury-free Saskatchewan.*

Contact: Gord Moker, CEO
Phone: (wk) 757-3197 or (cell) 527-8736

E-mail: gmoker@safesask.com

www.safesask.com



- **Brain Awareness Week**
- An international effort, launched in 1996, uniting the Society for Neuroscience, The Dana Alliance for Brain initiatives and a coalition of over 2,200 science, advocacy, and health organizations in a week-long educational blitz. Events are held around the world to increase public awareness about the brain.
- Brain Awareness Week – March 16th - 22nd , 2009

www.brainweek.dana.org/

Other Injury Prevention Partners/Programs/Resources...



Safe Communities Foundation (SCF)

A not-for-profit charitable organization dedicated to making Canada the safest country in the world to live, learn, work, and play. The SCF works in partnership with the private and public sectors to improve the health and safety of workers and people throughout the community. Their model utilizes existing organizations and resources in a community to create safety coalitions and is supported by the World Health Organization. The goal is to eliminate injuries while promoting a culture of safety across the country.

**Saskatchewan currently has 2 designated “SAFE” communities. Education & Prevention Coordinators support and will partner with communities pursuing this designation.*

www.safecommunities.ca



- **ThinkFirst**

A national organization, with provincial chapters, whose mission is to prevent brain and spinal cord injury through education, aimed at healthy behaviours in children and youth.

www.thinkfirst.ca



Take care out there.

- **Saskatchewan Government Insurance**

Provides access to traffic safety presentations and resources, Summer Safety Squad, rollover simulator, grants and traffic collision statistics.

Traffic Safety Promotion Contact:

Phone: 775-6179 or 1-800-667-8015 ext. 6179

Traffic Safety Video Resources Contact:

Phone: 775-6042 or 1-800-667-8015 ext. 6042

www.sgi.sk.ca



- **Safe Kids Canada**

Promoting strategies and messaging, nationally, to reduce the burden of injuries to Canada's children & youth. Using a comprehensive approach, builds partnerships to advance safety and prevent unintentional injuries.

- Safe Kids Week – May 25th - 31st, 2009

Safe Kids Canada partners with Johnson & Johnson in a national campaign on children's safety. The theme for 2009 is Product Safety.

www.safekidscanada.ca



- **Saskatchewan Safety Council**

Offers programs and resources on traffic safety (road, bicycle, school bus, pedestrian, ATV, snowmobile), occupational safety, farm safety/PowerPac presentations, and home & community safety.

Phone: 757-3197

www.sasksafety.org



SMART RISK

- **SmartRisk**

A national organization helping people enjoy life to the fullest by helping them to see the risks in their everyday lives and showing them how to take those risks in the smartest way possible. Injury prevention programs, resources, newsletters and data are available on the website.

- **Heroes**

A huge, fast paced, theatrical presentation designed to catch the attention of young people through the use of technology, music and imagery. An injury survivor, a person who has sustained a preventable injury, hosts the show and guides the audience through the program.

- **No Regrets**

A peer leadership program for Canadian high schools. No Regrets trains students to design and deliver their own school-wide injury prevention programs, in an effort to acknowledge and address injuries as the #1 killer of Canadian youth.

www.smartrisk.ca



- **Saskatchewan Prevention Institute**

Provides injury data and resources on childhood injury, bicycle safety, child passenger safety, playground safety, and home safety.

Contact: Pella LeDrew, Childhood Injury Prevention Program Coordinator

Phone: (306) 655-2518 E-mail: pledrew@preventioninstitute.sk.ca

www.preventioninstitute.sk.ca

ABI Education & Prevention:

Our goal to assist communities to develop effective injury prevention initiatives and raise awareness of acquired brain injury and its effects on individuals.